



Get on Track to a Healthier You! at the



YOU'RE INVITED! Please join us for the upcoming Kidney Health Fest for African American Families

Take Steps toward Better Health Mind, Body and Soul

When: Saturday, June 2, 2012, 9:00 a.m. – 2:00 p.m.

Where: Van Asselt Elementary, 8311 Beacon Avenue South (formerly the African American Academy) Seattle

Cost: This is a **FREE EVENT** Age Suitability: All Ages

The Northwest Kidney Centers will hold its 10th annual Kidney Health Fest for African American Families. This event will feature free health screenings and private consultations with volunteer doctors, healthy food made by local celebrity chefs, and educational program emceed by Ron Sims, former King County executive and former deputy secretary, U.S. Department of Housing and Urban Development. The day also includes entertainment, music, exhibits and a chance to win prizes. Please forward this invitation and informational flyers on as appropriate. For more information visit <http://www.nwkidney.org/aboutUs/news/KidneyHealthFest.html> or call 206-720-8540.

As co-sponsors the Washington State Commission on African American Affairs, The Commission's Thompson Russell Health Committee, Governor's Interagency Council on Health Disparities, and Greater Seattle Chapter of the Links Health and Human Services Committee, **We look forward to seeing you there.**

To learn more about the Washington State Commission on African American Affairs and to register, please visit us at: <http://www.caa.wa.gov> or call or 360-725-5664 or email Commissioner Winona Hollins-Hauge wdhauge@hotmail.com